



# OFF 'N' RUNNING

JPL Running Club Newsletter

March 1990

Vol. 6, No. 1

## NASA 89 Race Results Finally Received

I know we've all been holding our breaths for this one. The rather sizeable databank that comprises all the NASA Intercenter participants had trouble finding a volunteer cruncher. But at last I can report the results of last year's competition, compiled by Goddard. In the Spring of last year, JPL placed third overall in the 2-mile challenge, and took first in the 10K. For the fall, we slipped to fourth in the 2-mile, but held our first-place spot in the 10K. Here are the JPL stats:

### SPRING 89

2 Mile	10K
3rd, M, -24: Randy Brown 2nd, M, 35-39: Rene Aguero 2nd, M, 40-44: Mike Blakely 3rd, M, 45-49: Roy Kakuda 2nd, M, 50-54: Len Efron  2nd, F, 30-34: Leslie (Nikon) Livesay 1st, F, 45-49: Marie Slonski 2nd, F, 50-54: Elaine Hemenway 2nd, F, 55-59: Jean Aichele 1st, F, 60+: Doris Littlejohns  <b>JPL: 3rd</b>	2nd, M, 30-34: Mark Vincent 2nd, M, 40-44: Mike Blakeley 3rd, M, 45-49: Roy Kakuda  3rd, F, -24: Nancy Ericson 3rd, F, 40-44: Chris Zygielbaum 1st, F, 45-49: Marie Slonski 2nd, F, 50-54: Elaine Hemenway  <b>JPL: 1st</b>

### FALL 89

2 Mile	10K
3rd, M, 30-34: Roger Linfield 1st, M, 35-39: Rene Aguero 2nd, M, 40-44: Mike Blakely 3rd, M, 40-44: Ken Jewett 3rd, M, 45-49: Roy Kakuda 1st, M, 50-54: Len Efron  3rd, F, 25-29: Joy Carrico 3rd, F, 50-54: Claire Thoms 1st, F, 55-59: Chen-Wan Yen 2nd, F, 55-59: Dottie Johnson 2nd, F, 60+: Louise Menninger  <b>JPL: 4th</b>	3rd, 25-29, M: Peter Dominey 2nd, 30-34, M: Roger Linfield 3rd, 30-34, M: Dave Hansen 2nd, 40-44, M: Mike Blakely 3rd, 40-44, M: Ken Jewett 1st, 50-54, M: Roy Kakuda  3rd, F, -24: Edna Villareal 3rd, F, 25-29: Joy Carrico 2nd, F, 35-39: Jill Hockwald 1st, F, 40-44: Martha Berg 2nd, F, 40-44: Jennie Johannesen 3rd, F, 40-44: Leigh Stockton 1st, F, 50-54: Claire Thoms 2nd, F, 50-54: Elaine Hemenway 3rd, F, 50-54: Shirley Wolf  <b>JPL: 1st</b>

## Sports Chalet Discount for Club Members

Valerie Pickett reminds club members that they are eligible for a 10% discount on practically *all* Sports Chalet merchandise. Members need to show their card and have their names verified from a list supplied to the store by Valerie. Since this perk alone is worth the \$5 club membership fee, and since the club depends on your dues to pay for ribbons, medals, and race equipment, this seems like a good time to remind you all to PAY your 90 dues. If you get your name to Valerie within the next two weeks, she'll make sure it's added to the store list.

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## La Cañada Runner Looking for Partner

Claire Thoms is looking for someone who is willing to run from La Crescenta Ave. and Foothill Blvd. to JPL (5 miles) around 5:40 to 6:00 A.M. two to three days a week and runs a 9-1/2 to 10 minute pace.

Her phone number is 4-3009 or home (818) 248-0287.

## Biathlon Training Offered to JPL Runners

I may be the only one crazy enough to like this sort of thing, but for those of you burned out on bike/runs, swim/runs, etc, here's a new twist—running and target shooting. The biathlon, an Olympic winter event which combines a 30K X-country ski course with two rifle target shoots, is becoming popularized in this country for runners. Many participants do these run/shoot competitions as cross-training for X-country ski biathlons, and the local biathlon club will train you to ski as well as to shoot (the rifles are the easy part). They are a nice bunch of people, and I thought rollerblading in Griffith Park with ski poles was an interesting way to spend a Saturday morning. If you're interested or just curious, call Paul Timmerman at 4-5388.



NAME \_\_\_\_\_ SECTION \_\_\_\_\_

SEX \_\_\_\_\_

DATE OF BIRTH \_\_\_\_ / \_\_\_\_ / \_\_\_\_

JPL EXT. \_\_\_\_\_

MAIL STOP \_\_\_\_\_

\*Membership fee is \$5 per calendar year.

\*Make check payable to: ERC

Send this form with fee to: Valerie Pickett, M/S 264-419  
or JPL, 4800 Oak Grove Drive, Pasadena, CA 91109

