



OFF 'N' RUNNING

JPL Running Club Newsletter (Edited by Stephanie Nelson, 238-737, 4-3086)

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Fall 88 NASA Intercenter Age Group Winners

Teresa Jenkins continued the tradition forged by Judi Vivian--her 12:40 2-mile time tied Jenkins with a Goddard woman for fastest NASA female. In the 10k, JPL women didn't fare as well, mainly because they didn't compete. Leslie Livesay's (nee Nixon) 49:11 was the fastest JPL woman's time, placing her 8th overall and 1st in her age group. The fastest NASA female 10k was 43:35--a time that Theberge, Zygielbaum, Pickett, and Jenkins can easily beat. C'mon ladies!

Ken Jewett's 37:02 placed him 8th overall in the 10k (the only JPL man to place in the top 10) and 1st in his age group. The time to beat is a fast 31:55 (and Ulvestad has run faster). Neither Ulvestad nor Read competed this fall. The fastest male NASA 2-miler was Bruce Storm, a young competitor from Ames. His 9:30 time will be tough to beat.

The following runners placed in the top three of their age groups and will receive medals:

<u>2 mile</u>		<u>10k</u>	
Randy Brown	2nd	Randy Brown	2nd
Mike Blakely	3rd	Mike Blakely	3rd
Roy Kakuda	2nd	Don Grey	3rd
		Ken Jewett	1st
Joyce Browning	2nd	Roy Kakuda	3rd
Sandy Chavez	3rd	Mark Vincent	3rd
Elaine Hemenway	3rd		
Teresa Jenkins	1st	Joyce Browning	2nd
Leslie Livesay	2nd	Eileen Clark	3rd
		Gail Huddleston	3rd
		Lucia Iriks	2nd
		Leslie Livesay	1st
		Marie Slonski	1st
		Clara Thoms	3rd

Manufacturers Hanover and Tenneco Corporate Challenges

Results are finally in for the Manufacturers Hanover Corporate Challenge; the Caltech/JPL women's team placed fifth in the International Finals of the 3.5-mile challenge.

The Caltech/JPL marathon team also placed fifth in the Houston Tenneco Corporate Challenge. Two JPLers competed--Valerie Pickett (3:35) and Peter Dominey (2:55). Caltech's Shenda Baker (who was also a member of the Mani Hani women's team) won the women's corporate challenge (2:57). Caltech track coach Jim O'Brien was fifth corporate man (2:35). The 10-member team, whose trip was largely funded by Caltech, reports that they had a great time in Houston. Valerie Pickett has been officially designated as Team Party Animal. The team is looking for more JPL marathoners to join them next January.

O'Brien Offers Personalized Coaching

Jim O'Brien, Caltech's track and cross-country coach, offers individualized training plans for runners of all levels. O'Brien's track club, Team Blarney, meets Monday nights at the Caltech track for interval training. For more info call me or O'Brien at (818) 303-3090.

Happy Trails to Hartley and Basta, Smooth Rolling to Nixon and Livesay

Ultrarunners Booth Hartley and Barbara Basta took the ultimate ultra trip (down the aisle). They were wed on January 15. Congratulations!

Leslie Nixon and Jon Livesay also tied the knot in January. Livesay is a bicycle racer and manager of the Montrose Bike Shop.