



JANUARY 29, 1985

TO: JPL RUNNERS

FROM: SAM DOLINAR (238-420, X8161)
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SUBJECT: XEROX MARATHON RELAY

For all of you that participated in last year's Xerox Marathon Relay, it is that time again. As you will recall, it was a fun time, and probably the easiest T-shirt that any you have ever received from any race. Last year, JPL fielded three teams, one that was competitive, and two for runners that just wanted to participate and enjoy themselves. This year we would like to field teams in a similar manner.

The Xerox Corporate Marathon Relay is scheduled to take place on Sunday, February 24, at the Rose Bowl, starting at 10:00 in the morning. Each competing team consists of 10 runners, who run 2.6 miles each. A minimum of 2 women must run for each team. For additional race information, refer to the attached material. We are also enclosing Runner Release Forms for those interested.

To enter this race, we must act quickly, because the deadline for submission of team entries is drawing near. Once again we will group our fastest runners to form an "A" Team (not to be confused with the "Mr.-T" variety). As we don't have time to hold tryouts as we did last year, the below formulas will be utilized in selecting "A" team members. To qualify for the "A" team either:

(A) We'll use your best time from Club races in 1984 for races between 1500 meters and 10Km. These times will be normalized to 2.62 mile times according to tables in Gardner & Purdy, then 10 seconds added for each month the information is out-of-date.

(B) Time yourself for 2.62 miles (honor system) on one of the following courses:

(1) 10.5 laps around a quarter-mile track.

(2) Short loop around Rose Bowl and Brookside Golf Course (= standard 3-mile loop, except don't use vehicular bridge 1/3 mile south of Rose Bowl - take footbridge over water channel and cut diagonally across the parking lot to rejoin the standard course.)

Anyone who wants to participate in the relay should mail their release forms as soon as possible so we can properly register our teams. The teams of 10 (exclusive of the "A" Team) will be formed on a first-come, first-served basis----extras will be listed as substitutes. This includes runners who don't wish to be considered for the "A" team. All JPL employees and contractors who work full-time at JPL are eligible. There is no entrance fee and T-shirts are free.

HISTORY

The Team Xerox Corporate Marathon Relay offers employees of all companies --big, small, private or public -- a chance to participate in a team competition unlike any other. In the Marathon Relay every ten-member team completes the 26.2 mile marathon distance with each competitor running 2.6 miles.

Last year, ten relay events were held throughout the nation in New York City, Chicago, St. Louis, Atlanta, San Francisco, Los Angeles, Dallas, Detroit, Boston and Washington, D.C. The 1983/84 Marathon Relay series was an unqualified success -- more than 1000 teams competed -- with the National Championships staged in Buffalo, New York prior to the Olympic Marathon Trials. The National Championship team from New York City won a trip to the Summer Olympics.

This year, the winning team from each region will be Xerox' guests to compete in the Xerox Marathon Relay Championship in May during San Francisco's famous Bay-to-Breakers race weekend. Your Xerox representative will provide you with the details about this Championship weekend.

RULES AND REGULATIONS

For Entry

- Only full-time employees including contractors
- Employees must work in the Xerox region
- A minimum of two women per team is required
- Only alternates on original team entry form can be team substitutes
- More than one team per company can enter the relay with approval from the Xerox Regional Coordinator

DATES

Runners' release forms and team entry forms must be submitted to your Xerox Representative no later than two weeks prior to race day.

Runners' Release Form

Cut along dotted line.

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Xerox Corporation, Needham, Harper & Steers/USA, the Race Organizing Committee, and its representatives, successors and assigns and the local department of Parks and Recreation for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a footrace entrant, that I am a certified full time employee of the undersigned company, that I am physically fit and have sufficiently trained for this competition and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Please Print Clearly

		1		2		3	
1 Last Name	First Name		2 Sex (M or F)				3 Age on Day of Race
4 Exact Name of Corporation							
5 Full Title/Position in the Corporation (Please be specific, i.e., Vice President, Director of Marketing, etc.)							
6 Home Address Street			City			State Zip Code	
7 Business Phone			8 Home Phone			9 T-Shirt Size S M L XL	

Signature _____

