

# OFF 'N' RUNNING

JPL Running Club Newsletter (Edited by Jim Ulvestad, 238-700, 4-6734)

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## LOS ANGELES MARATHON RESULTS

At least 12 JPLers completed the Los Angeles Marathon on March 1. Those individuals whose names have been reported to the editor are listed below. No time was reported for several runners. Anyone else who ran the marathon and would like to be listed in the next issue of the newsletter should contact the editor. Also note that I am still interested in receiving results from JPLers who run in other races. Special congratulations to Steve Stedry, who broke 3 hours after having run between 3:00 and 3:01 in several marathons in the past.

Steve Stedry	2:59	John LuValle	4:22
Bob Ibaven	3:20	George Kenney	4:43
Valerie Pickett	3:21	Bob Kerr	4:57
John Williams	3:28	Terri Gaimari	no time
Charles Boreham	3:39	Bill Mogenson	no time
Peter Kupferman	3:57	Linda Scott	no time

## NASA INTERCENTER COMPETITION

The NASA Intercenter Competition and the JPL Section Challenge are being held again in April. Competition will be held at the standard distances of 2 miles and 10 km, with points awarded for participation and additional points awarded for performance ratings in the various age groups. The competition period this spring is the entire month of April. Times must be achieved in races on accurately measured courses or on other approved courses such as the Green Dot Course in the Arroyo Seco or on the track at La Cañada High School. Note that the new track at Caltech is a 400 meter track and not a 440 yard track. Therefore, 10 km on this track is exactly 25 laps, whereas 2 miles is 8 laps *plus* 21 yards, *not* just 8 laps.

Further information on the April competition has been distributed to Running Club members. Official JPL races remaining in April are given below:

April 15	10-km Road Race	5:00	Rose Bowl
April 23	2-mile Track Run	7:00	La Cañada H.S.
April 23	2-mile Track Run	5:00	La Cañada H.S.

## ASSORTED UPCOMING RACES

In response to a request, a race listing for April and May is given on the reverse. Anyone who has an opinion on whether they'd rather have race listings or training tips in the newsletter should contact the editor. Many 10K's have been listed for the last 3 weeks of April so that people can run in them for the Intercenter/Section Competition.

**JPL**