

OFF 'N' RUNNING

JPL Running Club Newsletter (Edited by Jim Ulvestad, 298-700, 4-6794)

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JPL TEAM WINS CATEGORY IN MARATHON RELAY

A 5-person JPL team eked out a narrow victory in the Corporate Masters Mixed category at the Jimmy Stewart Marathon Relay on March 29. Each 5-person team in this category was required to contain at least two women and to have a combined age of at least 199 years. The JPL team of Cay Palic, Valerie Pickett, Dave Hansen, Bill Mandeville, and Joe Marino broke the 3-hour barrier with a total time of 2:58:20 for the relay. They won in a tough 3-way battle, as the approximate times of the 2nd and 3rd place teams were 2:59:00 and 2:59:20.

FAST TIMES AT MT. SAC RELAYS

The Mt. SAC Relays meet at Mt. San Antonio College annually showcases one of the finest invitational track and field competitions in the nation. Highlights on April 26 included an American record of $73-10\frac{3}{4}$ in the shotput by John Brenner, six 28-foot long jumps by Carl Lewis, and a UCLA victory over a loaded field in the 4×400 meter relay. On the evening of April 25, the invitational distance carnival provided a number of fast, competitive races. In the men's 10,000 meters, the Mexican road ace Arturo Barrios outran many-time American cross-country champion Pat Porter to win in 27:56, the fastest time in the world so far this year. Angela Chalmers kicked past Sylvia Mosqueda in 9:06 for the women's 3,000, Marcus Barretto beat defending champion Mauricio Gonzalez with a 13:29 for 5,000 meters, and Joseph Chelelgo held off Brett Hyde in 8:29 for the steeplechase.

Along with Lynn Nelson's 32:46 victory over Brenda Webb, the women's 10,000 featured an appearance by JPL's Judi Vivian. Elegantly attired in her *Genesis* singlet, Judi ran an evenly paced race and finished strongly for a time of 35:15. That's an average pace of exactly 5:40 per mile. Now, if she'd only learn to lift her knees more ...

JPLers RUN WELL IN SOUTH PASADENA

A strong JPL contingent put on a very good showing at the South Pasadena/San Marino YMCA Roadrunner Classic on April 25. Many individuals ran for the glory of JPL in the last weekend of the NASA Intercenter Competition. Sadly, it must be pointed out that not a single competitor wore a JPL singlet! Perhaps they bring bad luck?

Jim Ulvestad and Bill Read both ran personal bests to place first and second overall in the 10K race. Claire Thoms and the elder Bill Read also won their age categories, and Chris Weiner finished second in her age group. Bob Ibaiven ran the 5K in 19:19; the available 10K times are listed below:

Jim Ulvestad	31:40	Alan Hall	37:32	Chris Weiner	45:54
Bill G. Read	32:20	Steve Stedry	38:17	Bill S. Read	47:47
Lucien Froidevaux	37:30	Jeff Berner	45:14	Claire Thoms	51:29