



Results from the  
12th Annual  
Arroyo Seco Freako Microthon  
April 1, 1986

A cool 60-degree day brought out the best in the 68 runners competing in the 1986 Arroyo Seco Freako Microthon. Previous records for the hilly 5-kilometer course were shattered, as Jim Ulvestad and Bill Read became the first runners ever to break 18 minutes, and Cay Palic the first woman under 22 minutes.

Twelve runners received medals for finishing 1-2 in their respective age/sex divisions.

Men 0-31	Jim Ulvestad.....	16:40
	Bill Read.....	17:12
Men 32-39	Steve Stedry.....	18:59
	Steve Vass.....	20:18
Men 40-45	Bob Ibaven.....	20:22
	Duncan McCornock.....	20:28
Men 46+	Joe Marino.....	19:26
	Roy Kakuda.....	20:00
Women 0-36	Susan Smolinski.....	22:55
	Michele Stillman.....	23:41
Women 37+	Cay Palic.....	21:37
	Barbara Basta.....	23:57

The only team challenge match was won by the Cubs (David Hansen, Sam Dolinar, and Jeff Berner) over the Strangers (Derek McMahon, Susan Smolinski, Bob Ewing, and Jim Shaffer) by an average percentile score of 70% to 33%.

Rich Benson became the first runner to compete in 10 Freako races. Kathy O'Hara extended her women's record for Freako appearances to 7.

1986 ARROYO SECO FREAKO MICROTHON Results

Place		Distance - 5 kilometers		
Overall	in Div	Division	Name	Time
1	1	M1	Jim Ulvestad	16:40
2	2	M1	Bill Read	17:12
3	3	M1	Roger Linfield	18:07
4	4	M1	David Hansen	18:54
5	1	M2	Steve Stedry	18:59
6	5	M1	Lucien Froidevaux	19:12
7	6	M1	Jim Nelson	19:22
8	1	M4	Joe Marino	19:26
9	7	M1	David Walker	19:57
10	2	M4	Roy Kakuda	20:00
11	2	M2	Steve Vass	20:18
12	3	M4	Bill Mandeville	20:19
13	8	M1	Jey Giuliano	20:21
14	1	M3	Bob Ibaven	20:22
15	2	M3	Duncan McCornock	20:28
16	3	M2	Sam Dolinar	20:46
17	4	M2	Rich Benson	20:57
18	5	M2	Phil Callahan	21:13
19	3	M3	Paul Stella	21:22
20	9	M1	Chris Purvis	21:28
21	1	W2	Cay Palic	21:37
22	4	M4	John Williams	21:38
23	10	M1	Jeff Berner	21:38
24	6	M2	Charles Voge	21:51
25	7	M2	Tom Young	21:56
26	5	M4	Charles Odd	22:01
27	11	M1	Mark Ryne	22:07
28	12	M1	Dave Bell	22:20
29	8	M2	Derek McMahon	22:47
30	6	M4	Don Gray	22:50
31	1	W1	Susan Smolinski	22:55
32	4	M3	Richard Brace	22:56
33	13	M1	Jack James	23:08
34	9	M2	Javier Bautista	23:15
35	5	M3	Bob McEliece	23:19
36	6	M3	Jim Frautnick	23:22

1986 ARROYO SECO FREAKO MICROTTHON Results (cont.)

37	14	M1	David Baker	23:29
38	10	M2	Dick Turner	23:35
39	15	M1	Doug Clark	23:38
40	2	W1	Michele Stillman	23:41
41	2	W2	Barbara Basta	23:57
42	16	M1	Richard Chen	24:14
43	7	M4	Dick Horn	24:45
44	17	M1	Tyler Brown	24:53
45	8	M4	Bob Mitchell	24:58
46	18	M1	Chuck Cruz	25:02
47	9	M4	Bob French	25:43
48	7	M3	Reuben Ruiz	25:57
49	10	M4	Ed Imlay	26:06
50	3	W2	Kathy O'Hara	26:10
51	11	M4	Wilson Silsby	26:12
52	8	M3	Robert Kerr	26:12
53	3	W1	Elizabeth Smith	26:17
54	12	M4	Phil Salomon	26:31
55	13	M4	Bob Davis	26:44
56	9	M3	Rod Britten	27:15
57	14	M4	Dave Farless	27:41
58	15	M4	Tom Hibbard	27:44
59	4	W1	Stephanie Nelson	28:10
60	16	M4	Ted Meyer	28:34
61	10	M3	Ken Bartos	29:14
62	5	W1	Vickere Blackwell	29:55
63	6	W1	Brenda Burkhart	30:20
64	4	W2	Ali Smilgis	30:31
65	11	M3	Bob Ewing	30:45
66	17	M4	Gene Renfro	32:03
67	5	W2	Judith Skinner	32:41
68	11	M2	Jim Shaffer	34:25

DIVISIONS:

M1: Men 0-31

M2: Men 32-39

M3: Men 40-45

M4: Men 46+

W1: Women 0-36

W2: Women 37+

1986 ARROYO SECO FREAKO MICROTHON

TEAM CHALLENGE MATCH Results

MATCH I

- |                   |                 |
|-------------------|-----------------|
| 1. Cubs.....      | 70%             |
| David Hansen      | Sam Dolinar     |
| Jeff Berner       |                 |
| 2. Strangers..... | 33%             |
| Derek McMahon     | Susan Smolinski |
| Bob Ewing         | Jim Shaffer     |

Don't forget the

**1987 Arroyo Seco Freako Microthon**

**Wednesday, April 1, 1987**

**12:00 noon**

**Lower Oak Grove Park**

For information, call  
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